

Energy Codes for Architects

2019 BECP

Energy Code

Commentator

Webinar Series

US Department of Energy

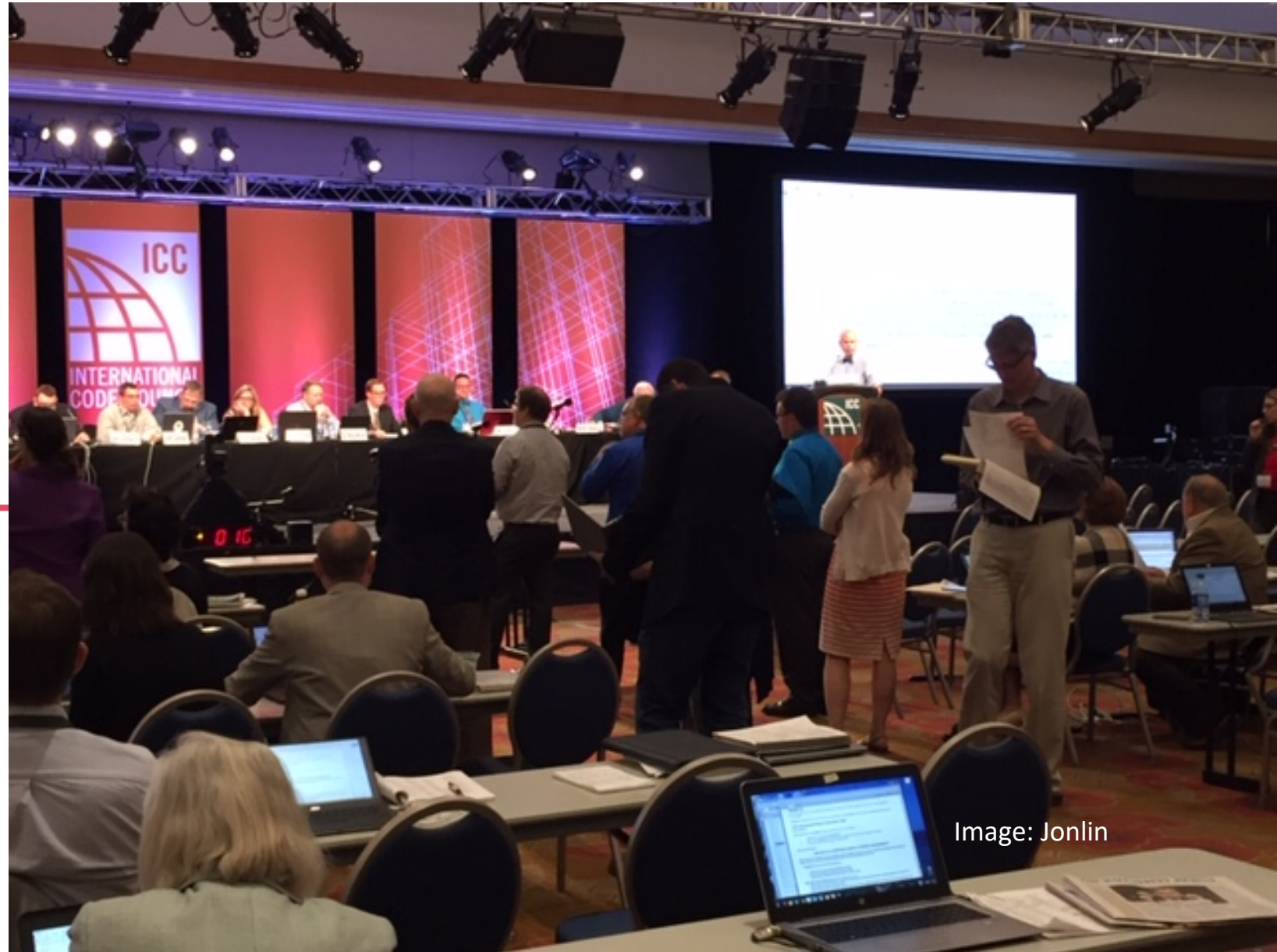


Image: Jonlin



Seattle Department of
Construction & Inspections

Duane Jonlin, FAIA

July, 2019

Course Description and Learning Objectives

Building energy codes can be daunting in their size and complexity, with model codes continually evolving to capture design improvements, greater efficiency, and affordability, while multiple editions can lead to a patchwork of adopted codes across the country. This webinar which is part of DOE's Building Energy Codes Program *Energy Codes Commentator* webinar-based training series, outlines the structure and effective use of these codes for architects, highlighting new and significant provisions that impact architectural design and cost. Specific topics include air tightness, glazing area, alterations, and the use of renewables, as well as possible trends for future codes.

Learning Objectives

Participants will learn to:

1. Locate critical information in the energy code.
2. Communicate with clients and consultants about energy code impacts.
3. Avoid common pitfalls and misunderstandings in use of the code.
4. Comply with code requirements for existing buildings and other special conditions.

Roadmap



1. Code Overview

2. Residential

3. Envelope

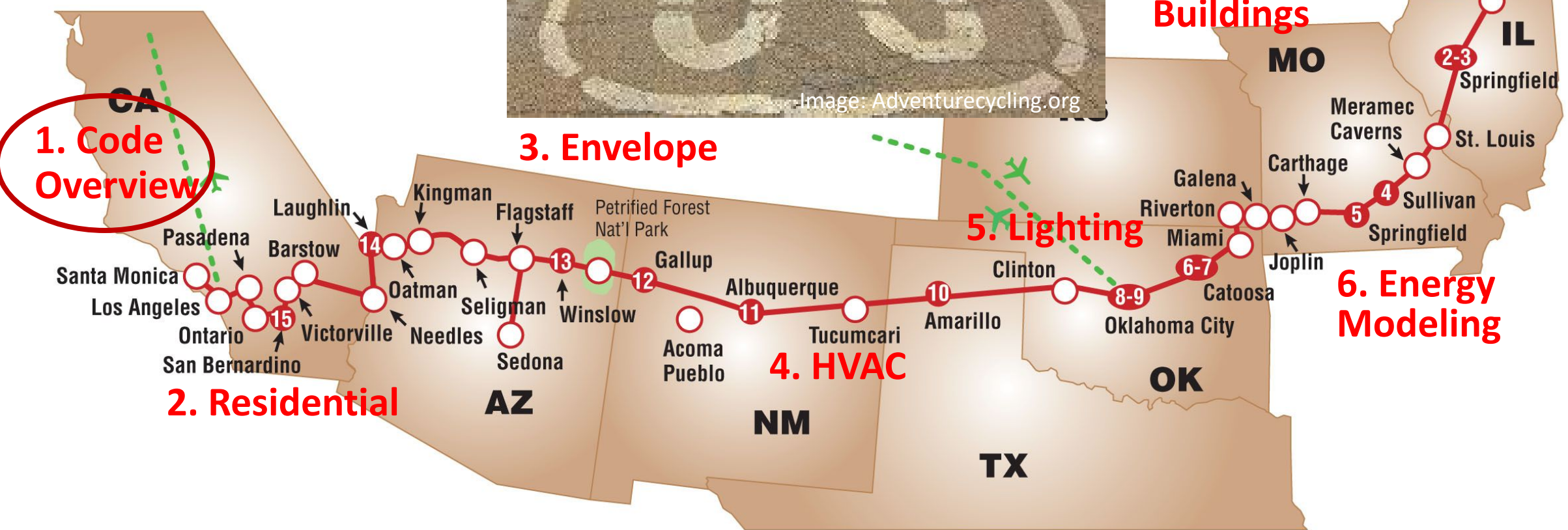
4. HVAC

5. Lighting

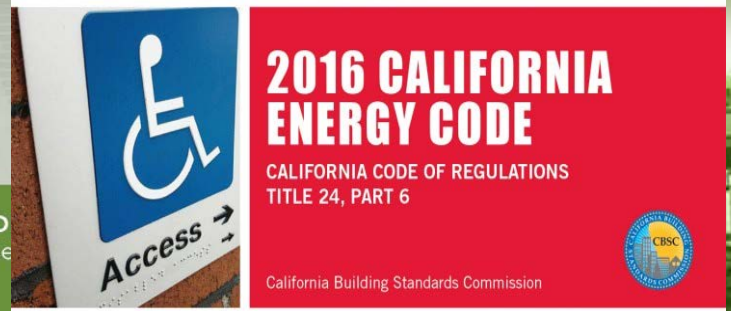
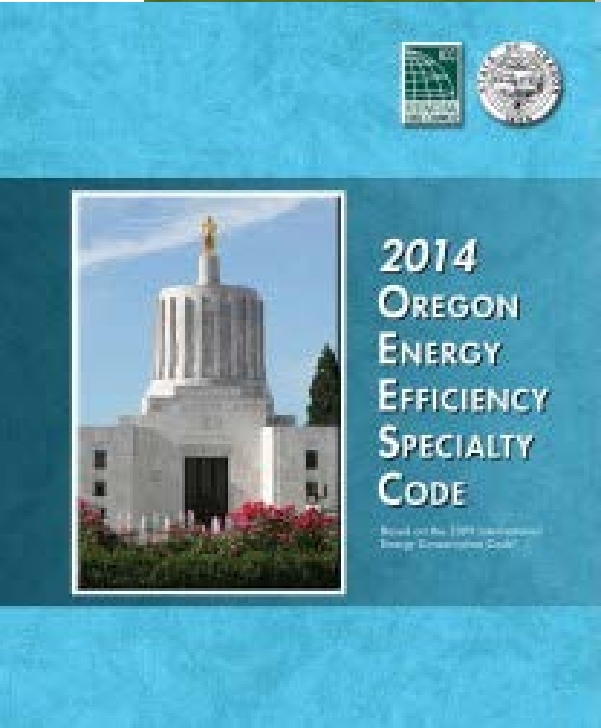
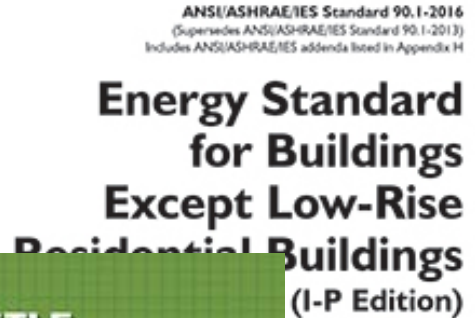
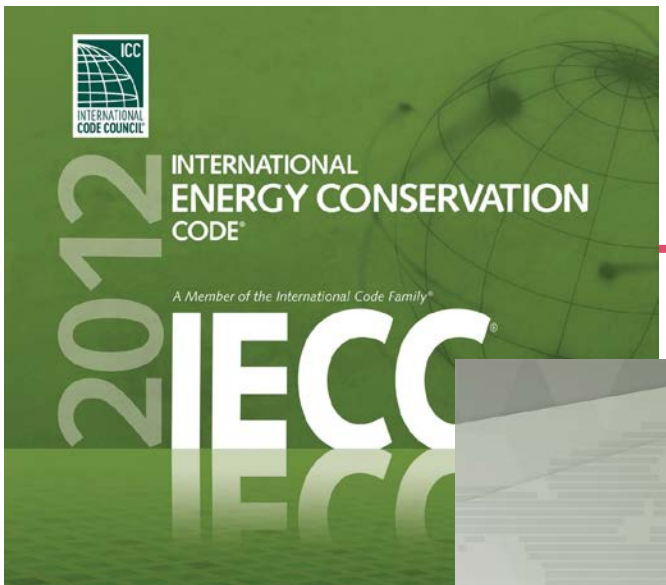
7. Existing Buildings

8. The Future

6. Energy Modeling

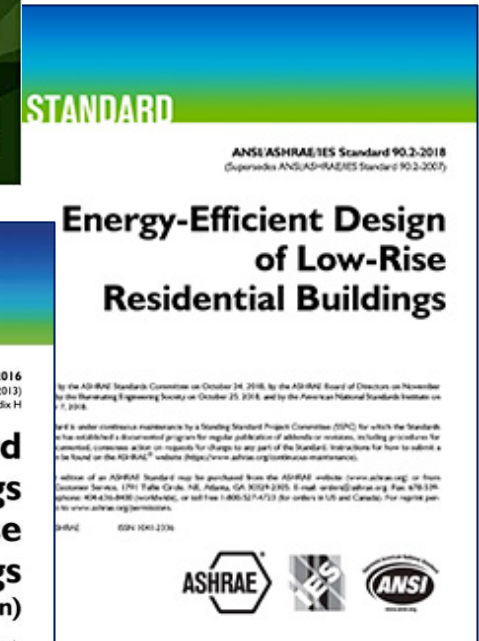
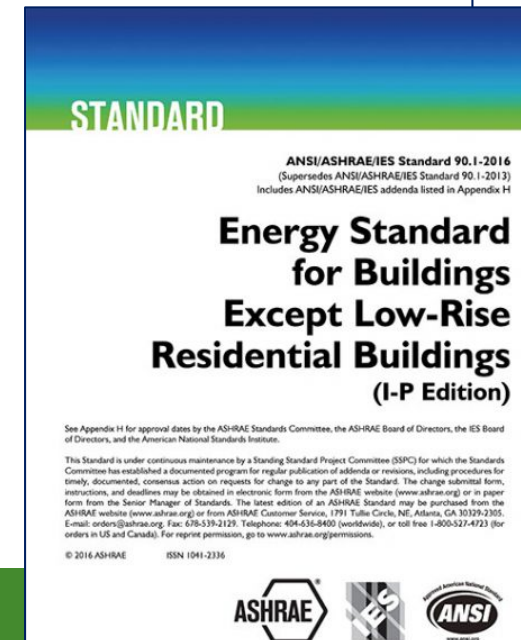
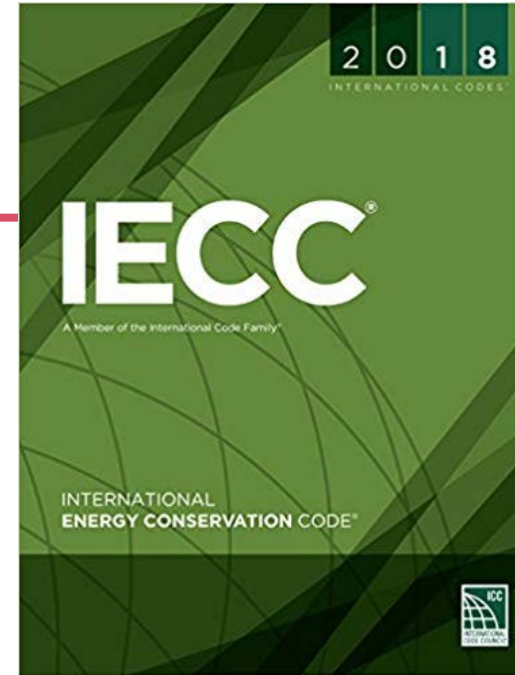


They're all Different (are you using the right one?)



Residential vs. Commercial

- IECC: Two codes in one
 - Residential: (includes low-rise M-F)
 - National standard
 - Commercial: everything besides residential
 - Allows ASHRAE 90.1 as substitute
- ASHRAE: Two separate standards:
 - 90.1 commercial
 - National standard for stringency
 - But only a few states adopt it directly
 - 90.2 residential
 - ...but nobody uses it



IECC Commercial:

- 1 Scope & Admin
- 2 Definitions
- 3 General
- 4 Energy Efficiency
- 5 Existing Buildings
- 6 Referenced Standards
- Appendix

Most Everything's in Chapter 4

402 Envelope
403 Mechanical
404 Water Heating
405 Lighting & Elec
406 Additional Options
407 Total Building Perf
408 Commissioning
409 Metering

...or Chapter 5

502 Additions
503 Alterations
504 Repairs
505 Change of Use

IECC Residential:

- 1 Scope & Admin
- 2 Definitions
- 3 General
- 4 Energy Efficiency
- 5 Existing Buildings
- 6 Referenced Standards
- Appendix

It's all about the envelope

402 Envelope
403 "Systems"
404 Lighting
405 Simulated Perf
406 Energy Rating Index

three pages
one sentence!

...or Chapter 5

502 Additions
503 Alterations
504 Repairs
505 Change of Use

Appendix RA

Solar-ready

ASHRAE 90.1:

- 1-4 Admin & Defs
- 5 Envelope
- 6 HVAC
- 7 Water heating
- 9 Lighting
- 11 ECB (modeling)
- 12 References
- Appendix
- (esp. Appendix G)

Commonly Used for Modeling

An optional IECC compliance path.
Often source of new IECC requirements

Additions and Alterations are handled within each chapter

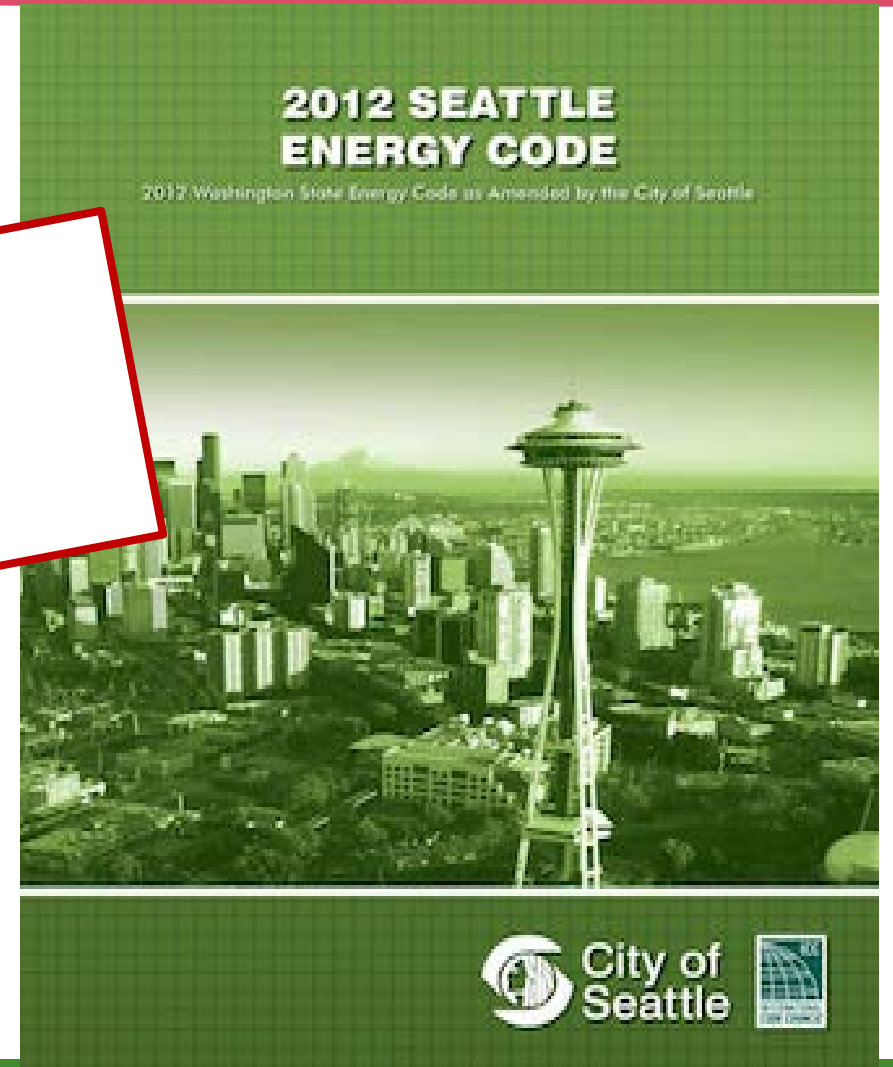
An advanced energy code is your friend

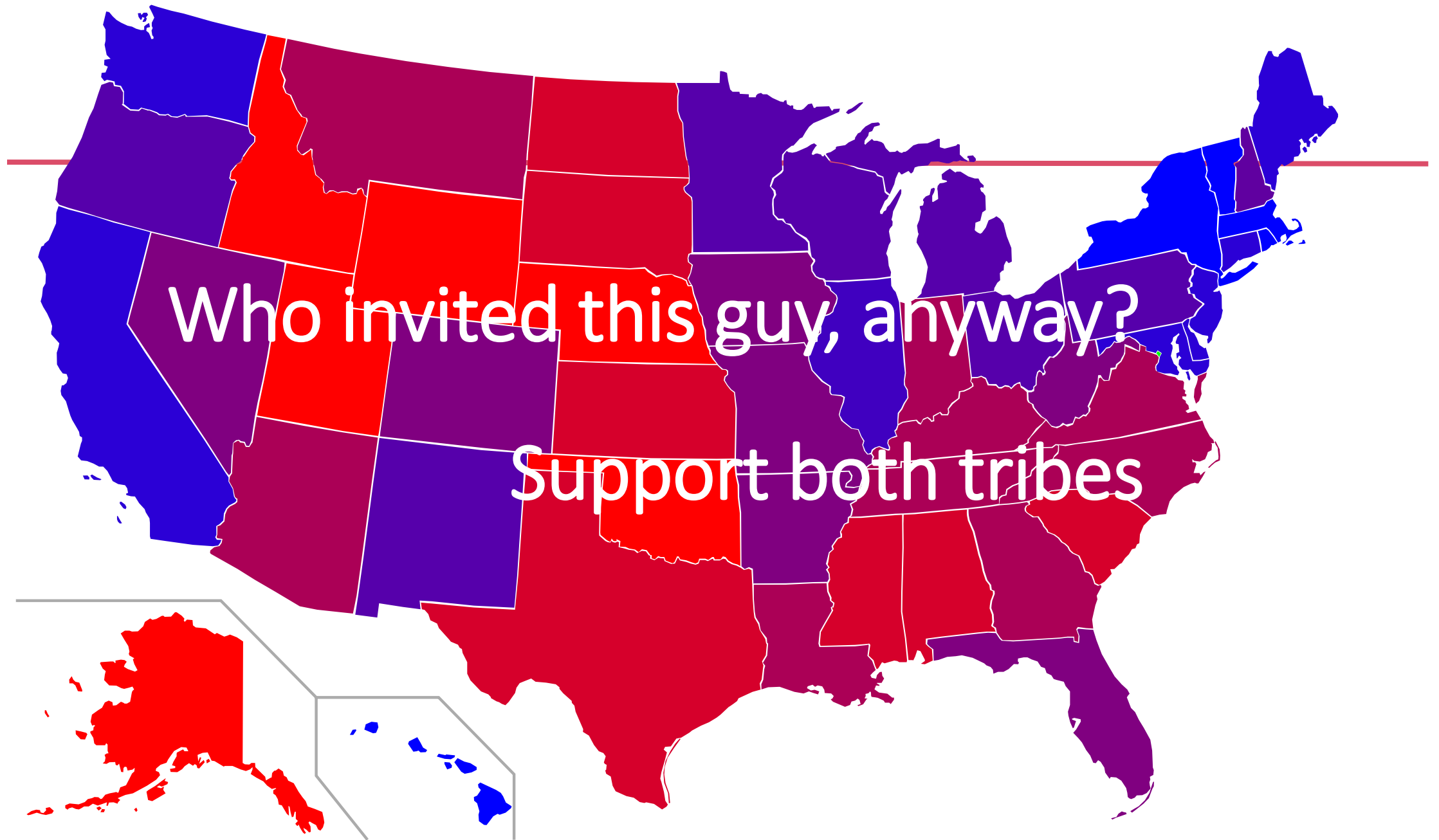
(If you're trying to do high-performance buildings)

Laws & codes are what drives change...

**Did your firm sign the 2030 challenge?
So, are all your projects 70% better than 2005?
No?
Maybe your clients just don't see the benefit.**

...and it really is that fast.





Rural vs. Urban



Image: Wikimedia Commons Henry Han



Cautious vs. progressive
Slow vs. Nimble
Cities are where change originates.

Where do little code provisions come from?

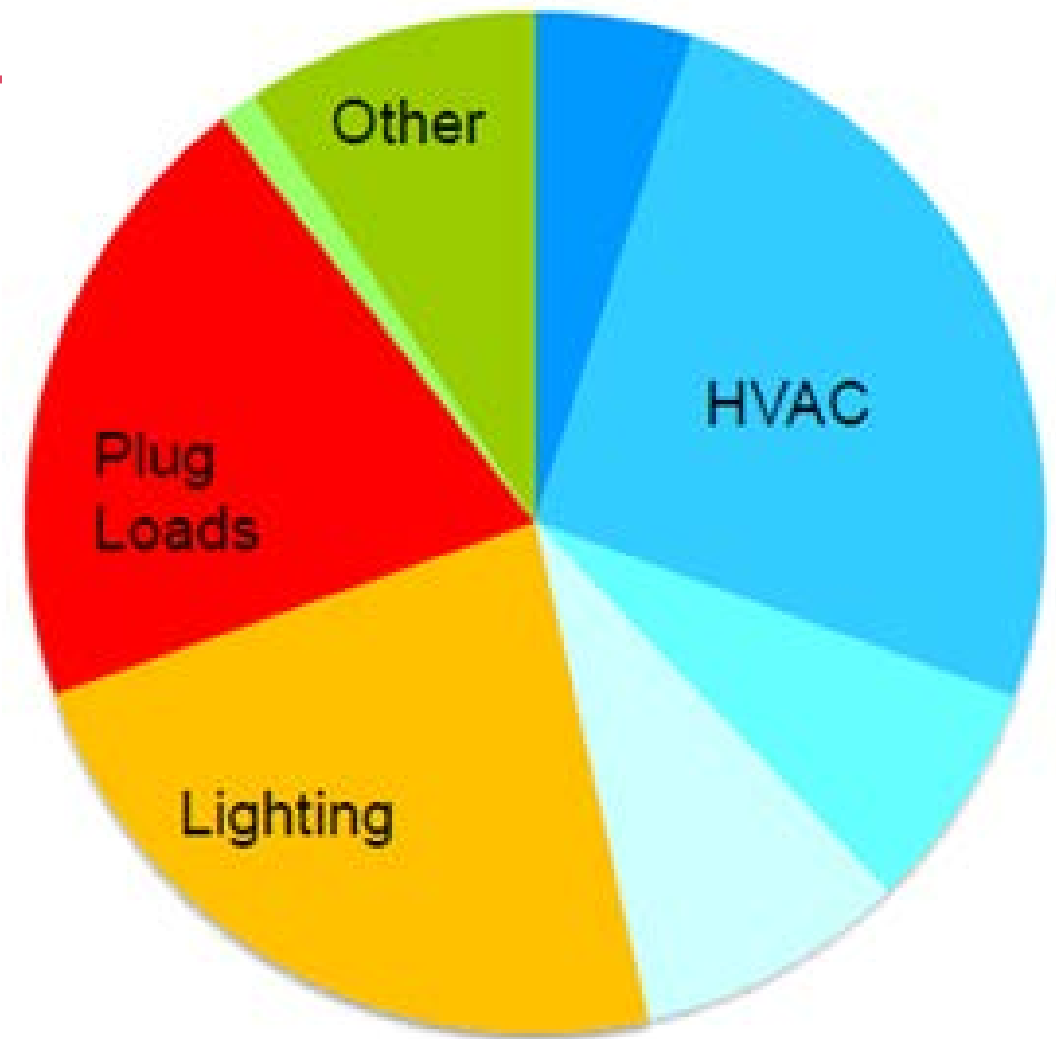
- Technology
- Other codes
- New ideas
- Old ideas

“Don’t do stupid things.” J. Lstiburek



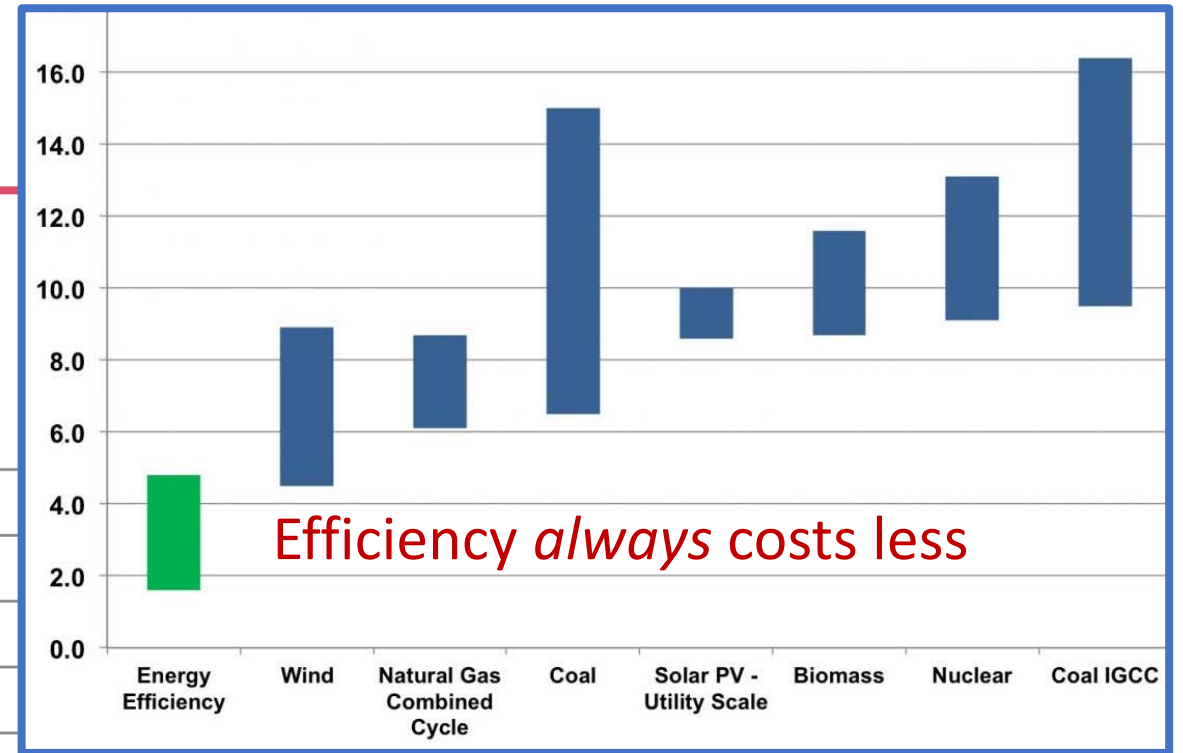
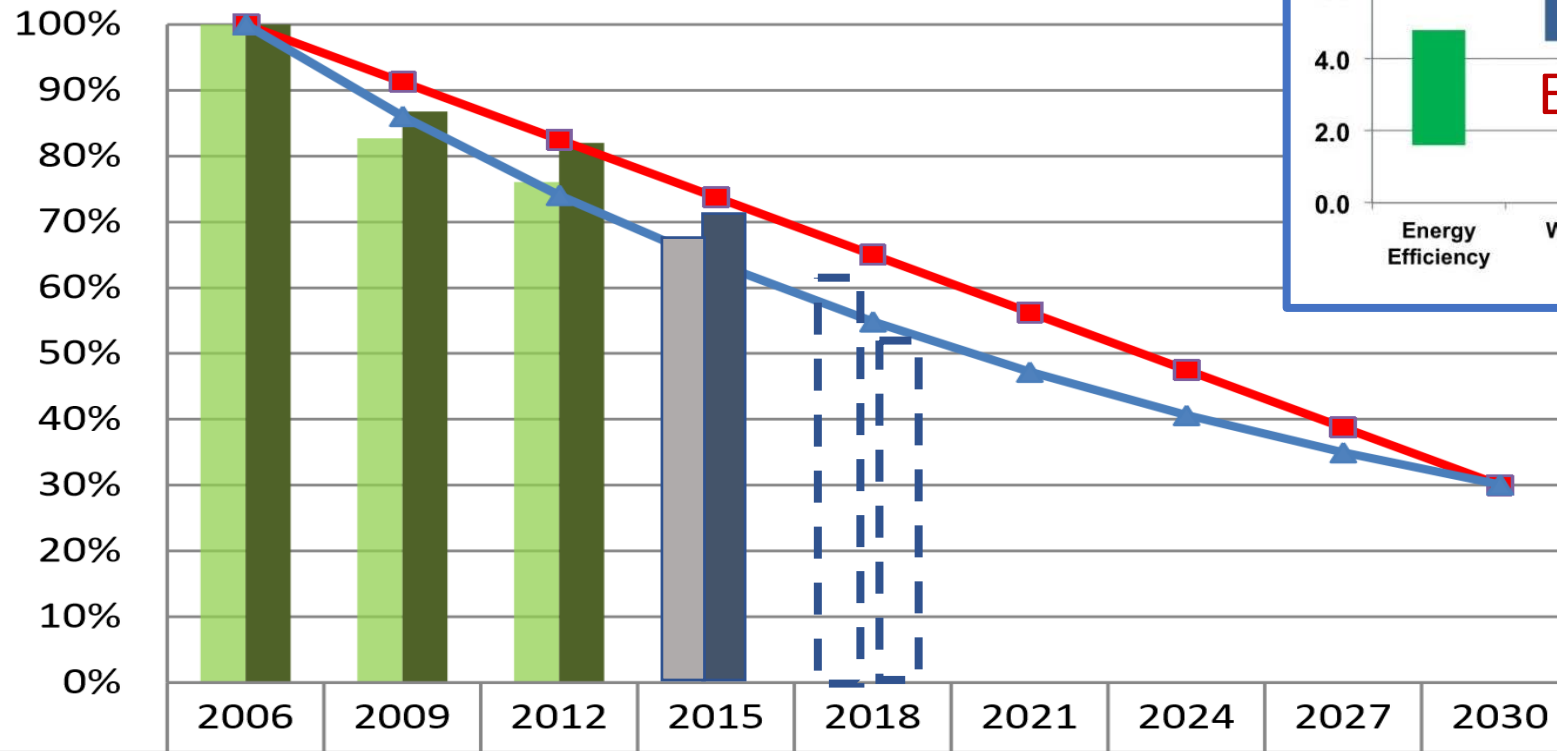
Go for the big slices

- Regulated loads:
 - Lighting
 - HVAC
 - Water heating
- Where possible:
 - Plug loads
 - Process loads



Cost-effectiveness

Why only the energy code?



- Good discipline
- Respects stakeholders
- Works even with low-cost electricity

Two Compliance Paths (or is it three?)

- Prescriptive Comply w/ whole code
 - Envelope UxA tradeoff (or Comcheck)
- Total Building Performance Modeling
 - & meet all “mandatory” requirements
- Or use ASHRAE – Energy Cost Budget
- Or new ASHRAE Appendix G Method



Image: Pinterest Jo White

Chapter 2 - Definitions

- Mostly only lawyers read Chapter 2
 - That's why *you* should read it!
- Look for *italicized* words
- (What's a “below-grade wall”?)
- (What's “fenestration”?)

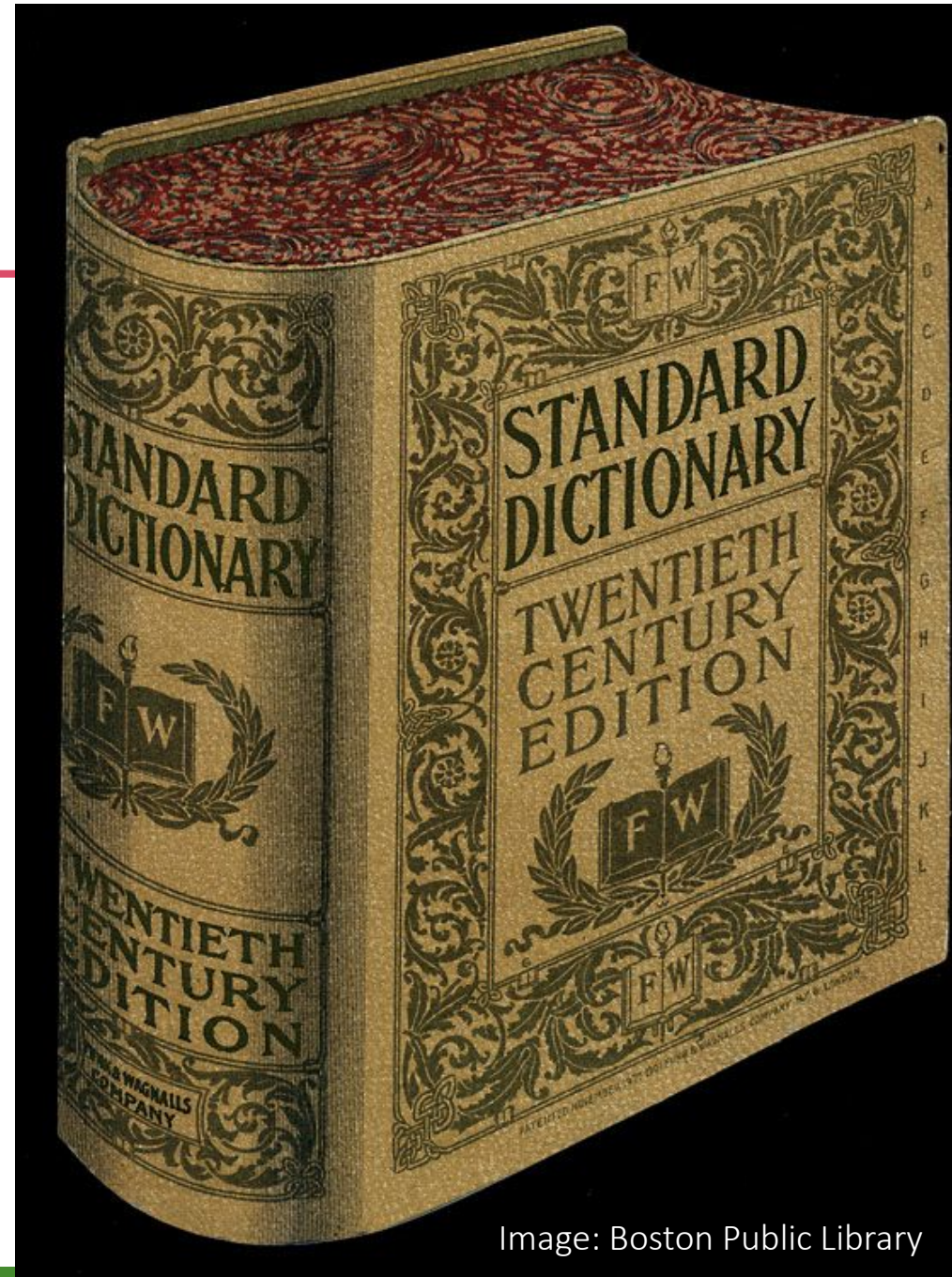


Image: Boston Public Library



Image: City of Seattle



Certificate

- On wall near furnace or in utility room
 - Insulation R-values
 - Window U-values
 - Equipment efficiencies
 - Air barrier & duct test results
- Hey architects, why not brand the certificate for your firm? Maybe something more exciting than this one?

Energy Code Support
WASHINGTON STATE UNIVERSITY
EXTENSION ENERGY PROGRAM

Insulation Certificate for Residential New Construction

Permit #: _____
House address or lot number: _____

Walls
Type of insulation: _____
Manufacturer: _____
R-Value: _____

Floor
Type of insulation: _____
Manufacturer: _____
R-Value: _____

Flat Ceiling/Attic
Type of insulation: _____
Manufacturer: _____
R-Value: _____

Single Rafter Joist Vaulted Ceiling
Type of insulation: _____
Manufacturer: _____
R-Value: _____

Blown or Sprayed Fiberglass or Cellulose - Walls
R-Value per Inch: _____
Coverage Area: _____
Bag Count: _____

Blown or Sprayed Fiberglass or Cellulose - Ceiling
R-Value per Inch: _____
Coverage Area: _____
Bag Count: _____

Sprayed Polyurethane Foam (SPF)
Density: _____
Installed Thickness: _____
R-Value of Installed Thickness: _____
Building Component Installed: walls floor ceiling

Insulation Installer:
Company Name: _____ Installer: _____
Installer Signature: _____ Date: _____
Phone Number: _____

Washington State Energy Code Reference <http://www.energy.wa.gov/Documents/2012%20Res%20Energy.pdf>
R303.1 Identification. Materials, systems and equipment shall be identified in a manner that will allow a determination of compliance with the applicable provisions of this code.
R303.1.1 Building thermal envelope insulation. An R-value identification mark shall be applied by the manufacturer to each piece of building thermal envelope insulation 12 inches (305 mm) or greater in width. Alternately, the insulation installers shall provide a certification listing the type, manufacturer and R-value of insulation installed in each element of the building thermal envelope. For blown or sprayed insulation (fiberglass and cellulose), the initial installed thickness, settled thickness, settled R-value, installed density, coverage area and number of bags installed shall be listed on the certification. For sprayed polyurethane foam (SPF) insulation, the installed thickness of the areas covered and R-value of installed thickness shall be listed on the certification. The insulation installer shall sign, date and post the certification in a conspicuous location on the job site.

Image: WSU Energy

Envelope values

- R-value is insulation value only
- (U-value is for entire assembly)
- Roof R-38 or R-49, *except*
 - R-30 or R-38 with raised-heel truss
 - R-30 single rafter (20% of roof area only)
 - These 2 exceptions for residential only!
- Wall: cavity insulation only (or cavity + c.i.)

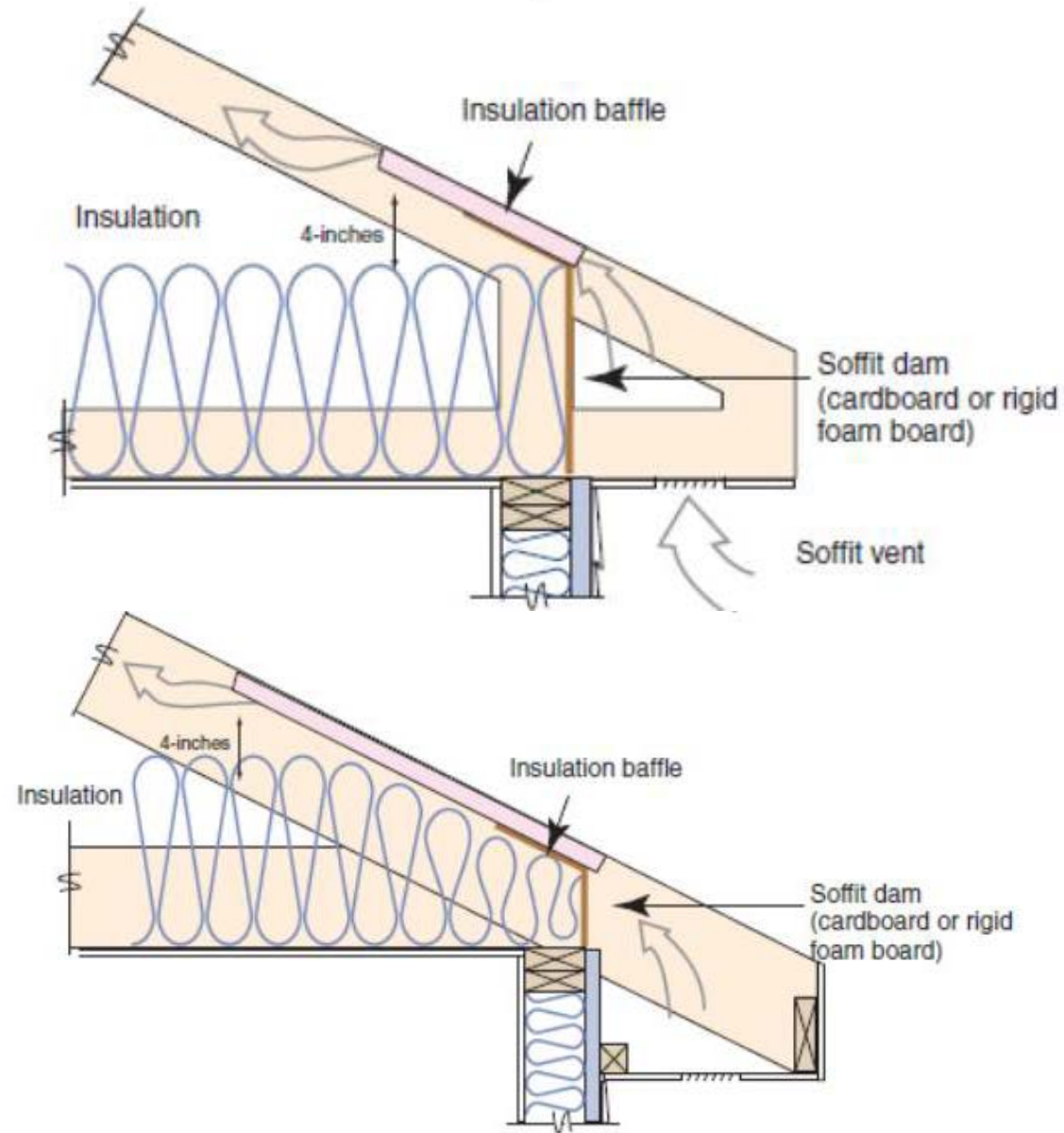
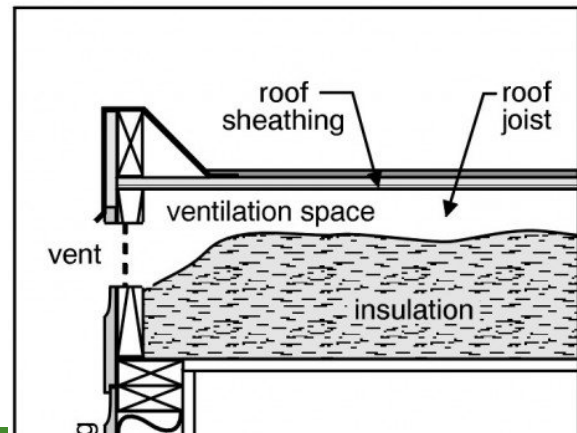


Image: PNNL

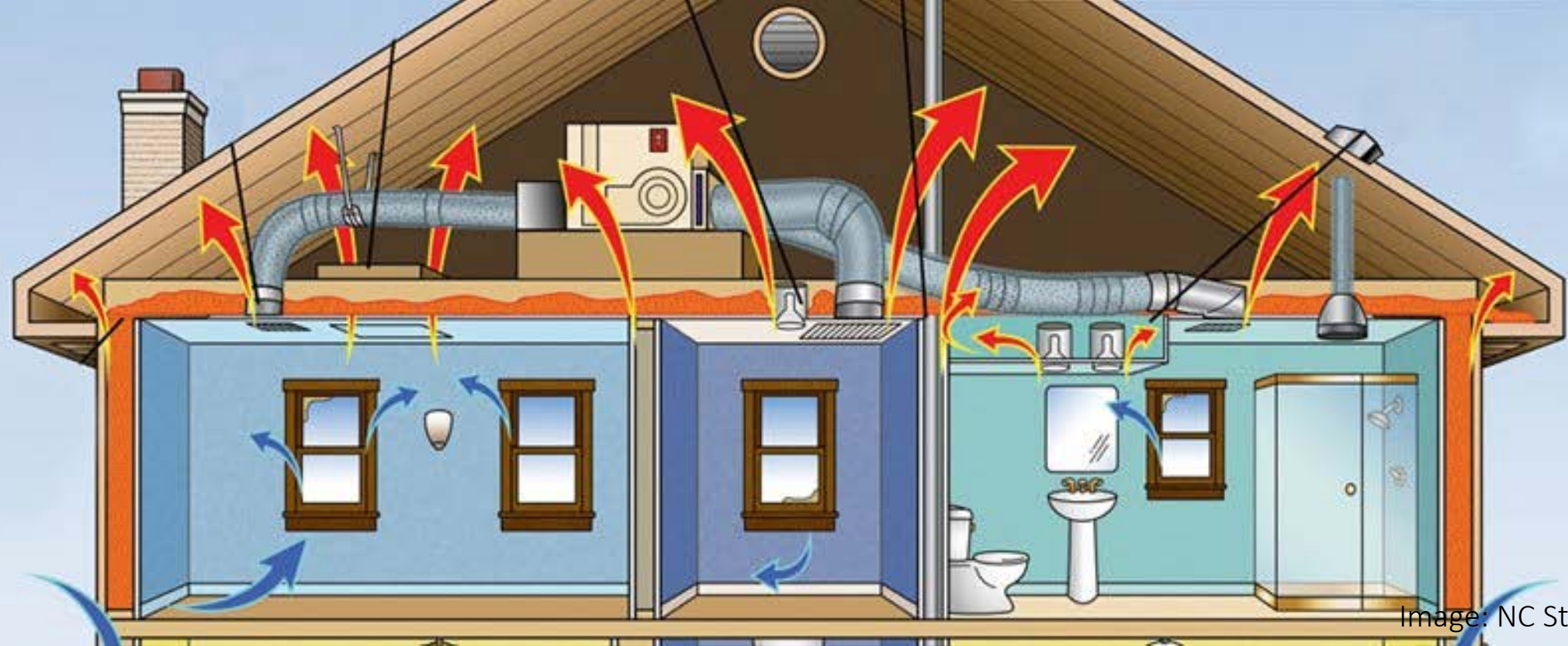


Image: NC State University

Air barrier

Continuous & sealed
around entire envelope

- Blower door test required
- Max leakage rate:
 - 5.0 ACH50 in CZ 1 – 3
 - 3.0 ACH50 in CZ 4 – 8

Ducts & Pipes

Be aware of cavity space impacts

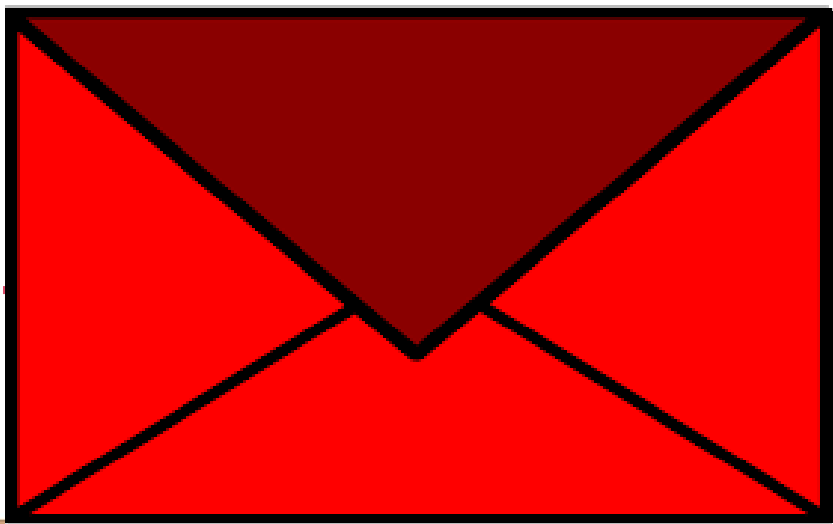
Ducts

- Inside thermal envelope: no insulation
- Outside thermal envelope: R-8
- Sealed and pressure tested for leaks

Pipes

- Hydronic pipes: R-3 insulation
- Hot water pipes: R-3
 - If 3/4" or larger
 - Or outside heated space
 - Or under slab
 - Or in recirculation system





The envelope, please



Separate inside air from outside weather

- R-value tables – only the insulation value
- U-value tables – value of whole assembly
- Fenestration tables – frame and glass together
- Component Performance Alternative
 - “UxA tradeoff”
 - But you probably use Comcheck
- Reflective roofing

The envelope will remain unchanged for generations – build it right today.

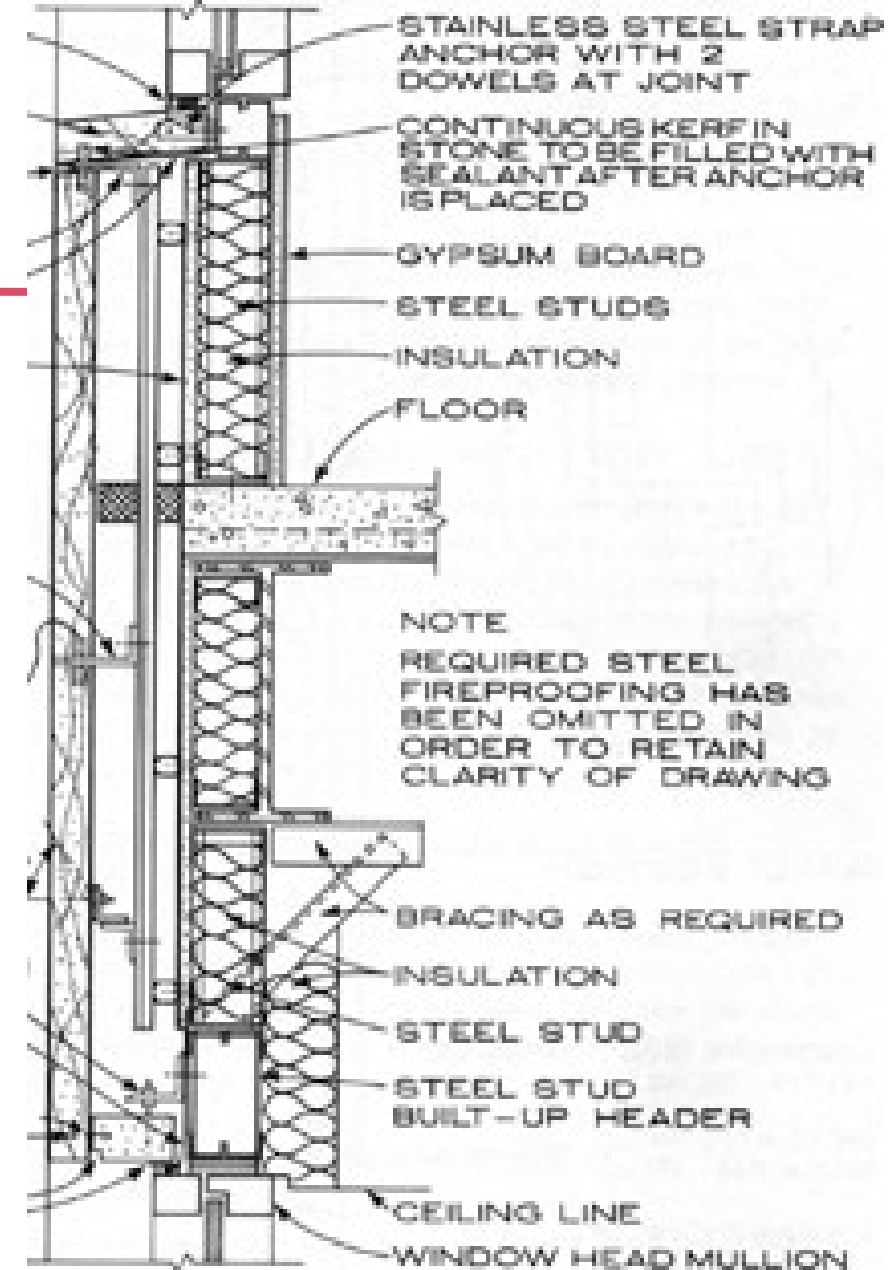


Image: WBDG

Architects love glass

1922 to 2019 = 97 years

Allowable area

- 30% max area
 - Of “above-grade wall” area
- 40% max if 25% of net floor area is in daylight zone
 - Or 50% of floor area for 1-2 story bldg

U-value range

- U-0.50 in Miami
- U-0.29 in Fairbanks
- More for entrance doors

SHGC range

- 0.25 in Miami, 0.45 in Nome
- Higher if north-facing or with projections

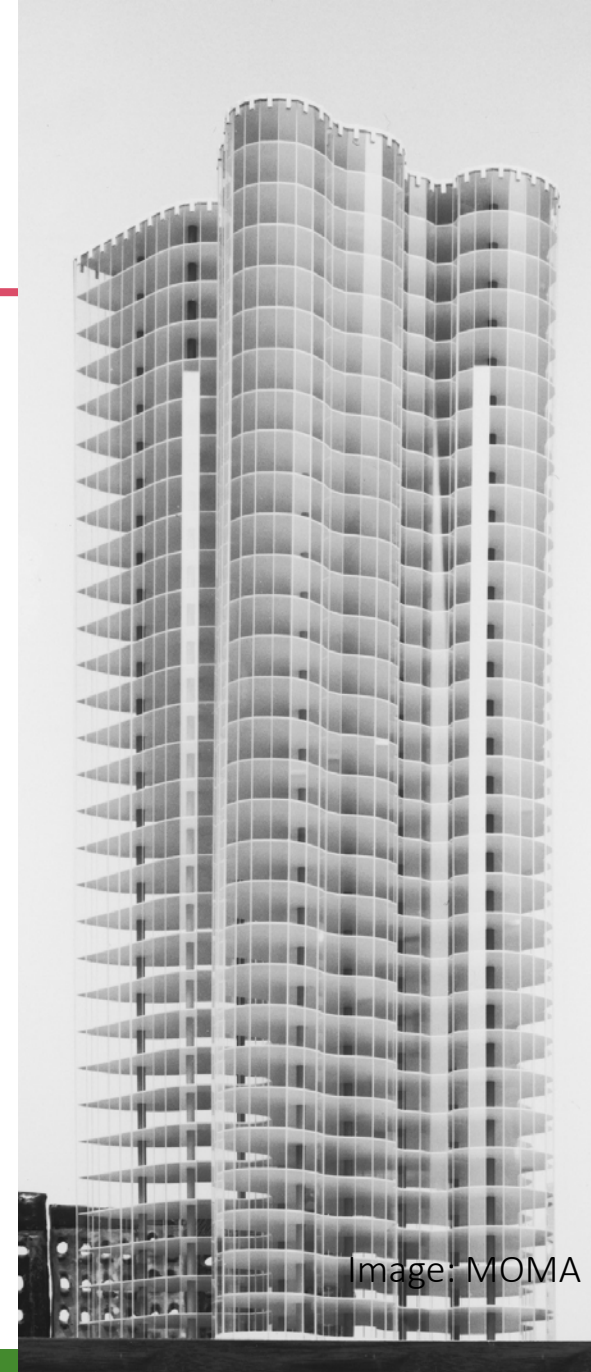


Image: MOMA

Skylights

- Maximum area – 5% of “gross roof area”
- Minimum area – 3% of “toplight daylight zone”
- “Toplight daylight zone” **required** to cover half of the floor area*
 - If space over 2,500 SF
 - With 15 foot ceiling

* In office, lobby, atrium, concourse, corridor, storage space, gymnasium/exercise center, convention center, automotive service area, space where manufacturing occurs, nonrefrigerated warehouse, retail store, distribution/ sorting area, transportation depot or workshop



Image: Flickr Steven Zucker

Air barrier & testing

- Air barrier required all around thermal envelope
- Made out of air barrier “materials” or “assemblies”
 - But air doesn’t leak through the materials or assemblies!
- Blower door testing *may* be required in 2021 IECC – stay tuned.

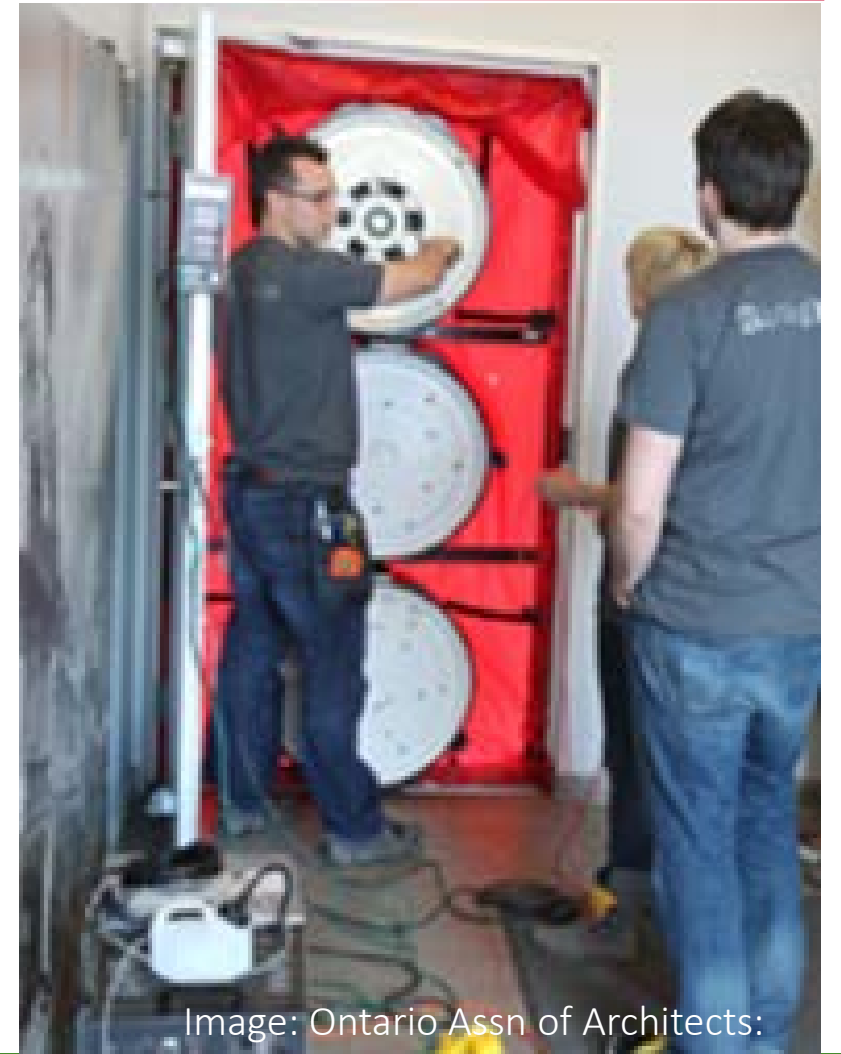


Image: Ontario Assn of Architects:

Vestibules

North of climate zone 2

All building entrances

- Including adjacent to revolving doors

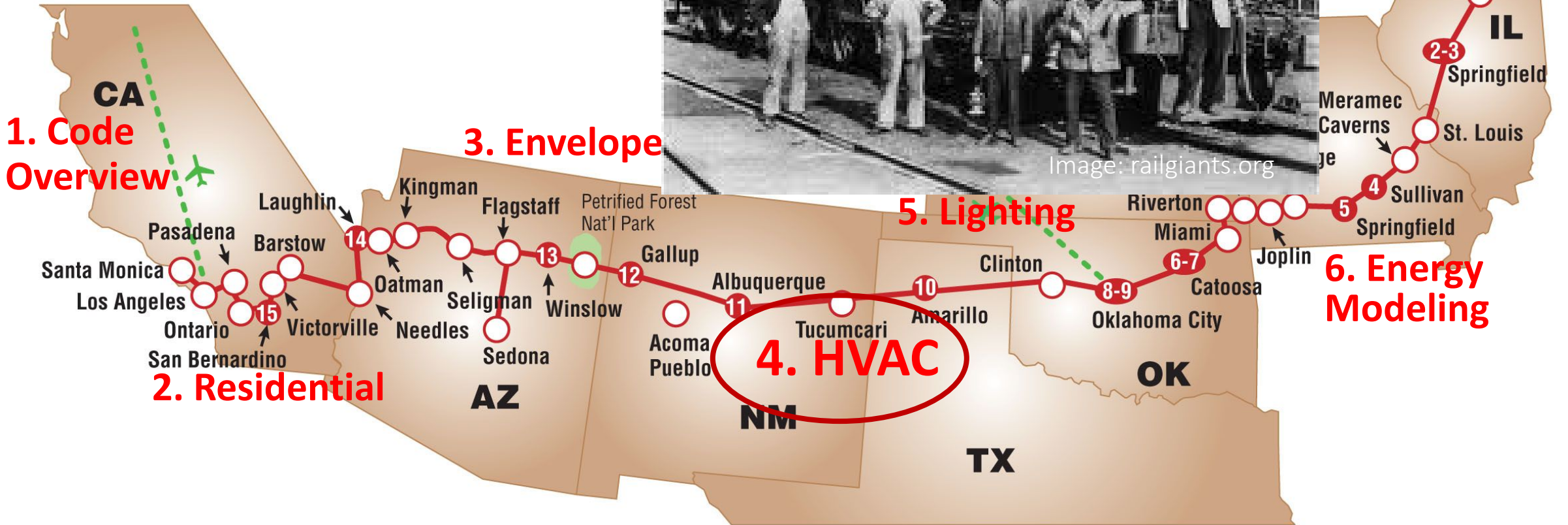
Exceptions:

- “...not intended to be used by the public”
- Dwelling & sleeping units
- Space smaller than 3,000 SF
- Warehouse doors
- Doors with air curtains



Image: Pixios

And now, a word about your engineers.



Does your engineer know your energy code?

Your engineers control the building's efficiency.

- Are they progressive/creative?
 - or stuck in a rut?
- You need engineers that help you move forward
 - Not hold you back
- (Give a written exam in interviews?)

Hire consultants that will knowledgeably lead and support you, and your clients!

Ask them:

- Did you select the most efficient system?
 - Or is it the same old VAV/reheat as always?
- Will heating & cooling run simultaneously in offices?
 - Do they expect an “invisible wall” to separate the core from perimeter areas?

How to reduce HVAC energy use?

- Use **efficient system type** to start with.
 - But code doesn't actually *require* this!
- Automatically **turn systems off** when you don't need them at all.
 - Like economizer cooling
- Automatically **turn systems down** when you don't need as much.
 - DCV – Demand control ventilation
 - Temp setbacks, optimum start/stop
- **Recapture waste energy**
 - ERV – Energy Recovery Ventilation
 - Condenser heat recovery

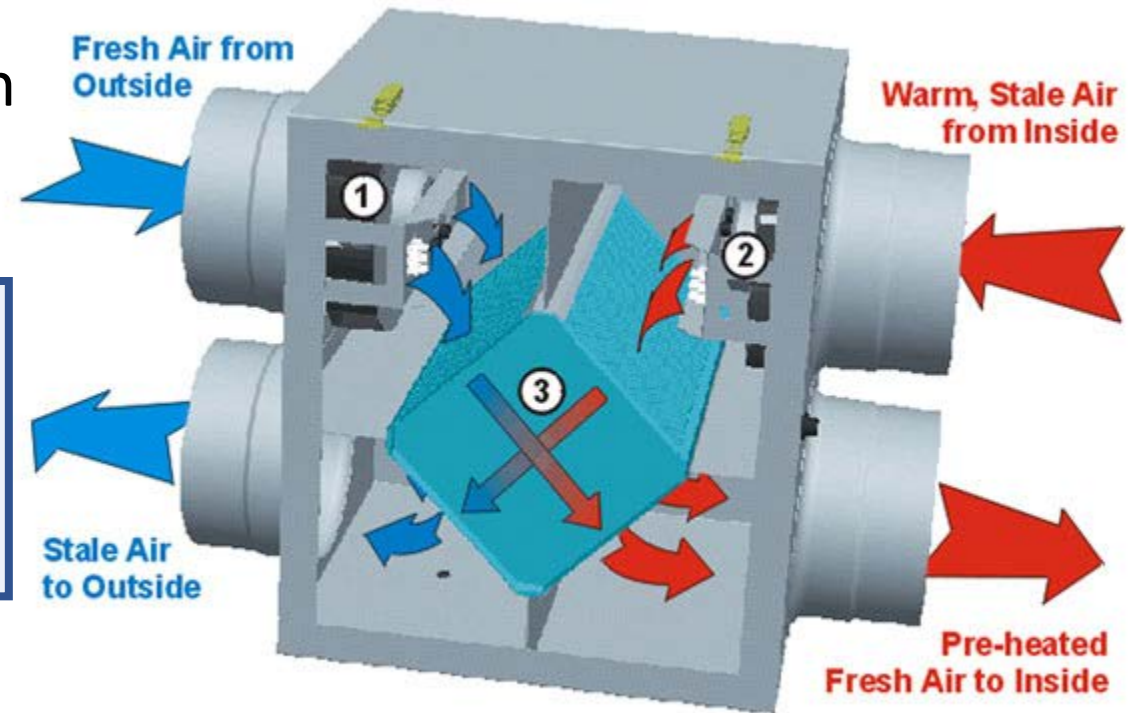


Image: winsomeconstruction

HVAC code highlights



Image: Wikimedia Commons P199

- ERV Energy Recovery Ventilation
 - Transfers warmth (& maybe coolth?) from exhaust air to incoming fresh air
 - Smaller systems require ERV when:
 - Harsh climate
 - High outdoor air mix
 - 24-hour operation
- Note: Override switch location for temperature setback?
- Duct & pipe insulation
 - Space implications in wall & ceiling cavity
- Radiant heat for outdoor heating
 - With occupancy sensor controls

- Mechanical code sets minimum health and comfort standards
- Energy code limits waste
- You can always build cheaper and worse.
- But the codes demand a quality system.

“Turn systems down when you don’t need as much”

- DCV – Demand Control Ventilation - turns down ventilation for light load, in spaces like:
 - Classroom
 - Auditorium
 - Conference
 - Courtroom
 - Sanctuary
 - Gym...
- Kitchen exhaust fan control
 - Lower airflow when less cooking activity
- Hotel rooms
 - Temp setback for unoccupied room
 - Further setback for unrented room

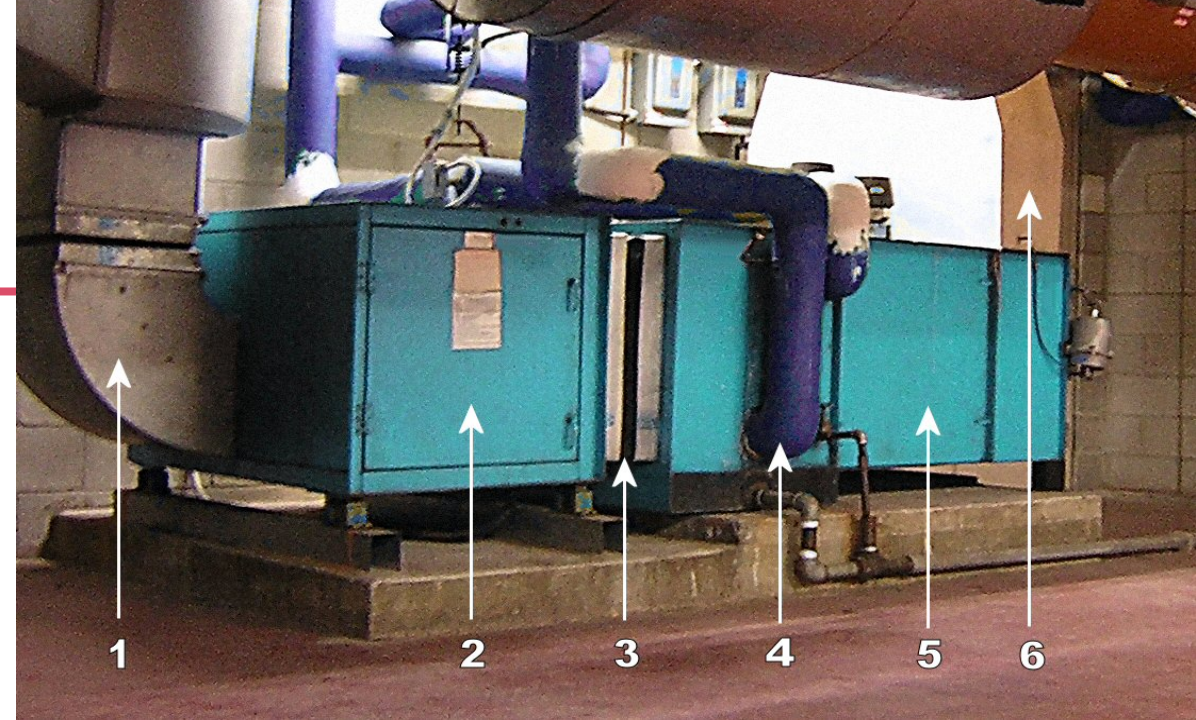


Image: Wikimedia Commons P199

- Fan and pump energy reduction controls for light demand periods
 - Reduce energy use
 - Extend equipment life

Water heating

- Equipment efficiencies seriously out of date
- New rules for pipe length causing problems
- Lots of rules about circulating hot water systems
- Not to mention pool & spa heaters



Image: The Weingarten Collection



1. Code Overview

2. Residential

3. Envelope

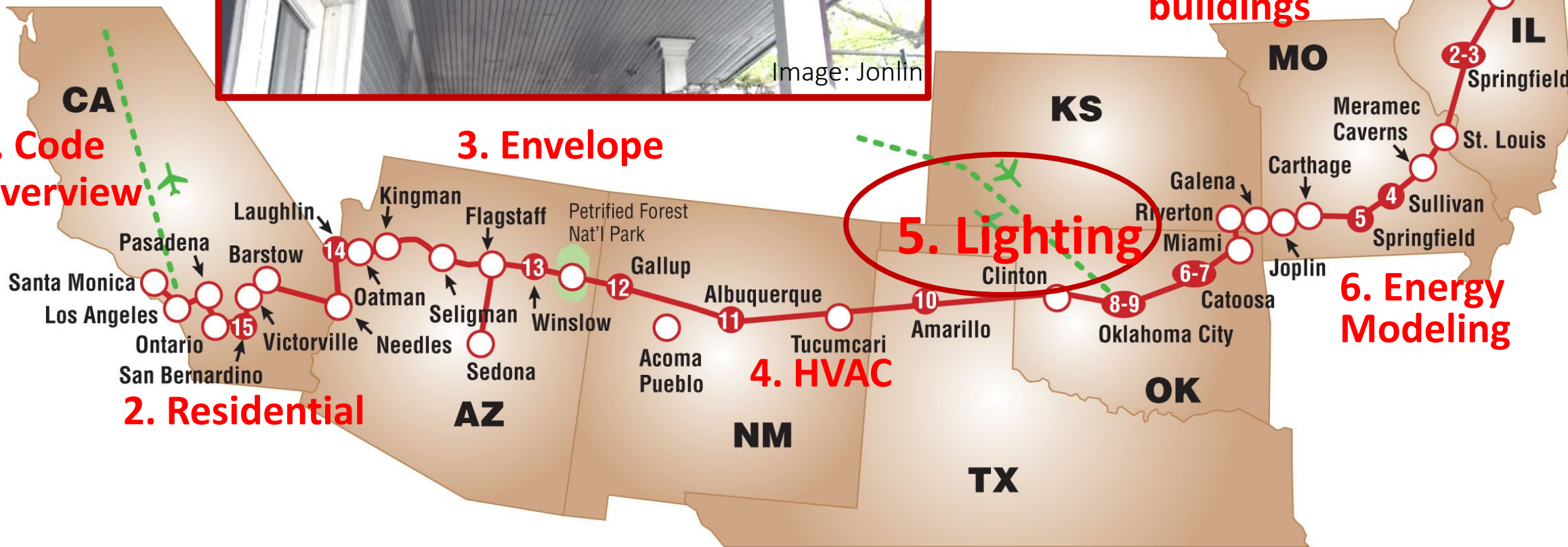
4. HVAC

5. Lighting

7. Existing buildings

8. The Future

6. Energy Modeling



How to reduce lighting energy use?

1. Use **efficient lamps** and fixtures to begin with
2. Automatically **turn lights off** when you don't need any
 1. Manual switches
 2. Occupancy sensors
 3. Time switch controls
3. Automatically **turn lights down** when you don't need as much
 1. Daylight responsive controls
 2. 50% reduction switching



Occupancy sensors required in:

- Most enclosed spaces 300 SF or less
- ...and:
- Classrooms
- Private offices
- Restrooms
- Warehouses
- Conference & meeting rooms
- Employee lunch & break rooms
- Storage & janitor rooms



Image: mbreviews

Time Switch Control req'd everywhere except:

- Areas with occupancy sensors
- Lighting for 24/7 use
- Security or emergency use
- Dwelling units (apartments)
- Sleeping units (hotel rooms, dorm rooms, etc.)
- Egress stairs and corridors
- Patient care areas



Daylight responsive controls required in daylight zones (duh-oh!)

Except:

- Space with less than 150 watts of lighting
 - So, private office & conference
- Security or emergency use
- Egress stairs and corridors
- Space with very low lighting power density

Continuous dimming required in:

- Classroom
 - Office
 - Lab
 - Library
- (Because, “stepped dimming” is pitiful)

LLLC: “Luminaire-Level Lighting Control”

Cheaper & better?

- LED fixtures
- Onboard daylight-sensing control
- Onboard occupancy sensor
- Calibrated at factory
- Wireless controls
- Individually adjustable with hand-held remote
- Less expensive without all that control wiring?



Display case, demo lights

...and “indoor horticulture”

- Separate switching required for:
 - Display, display case & accent
 - Plant grow lights
 - Food warming



Image: knoxrefrigeration.com



Image: LA County Sheriff



Image: LEDgrowlights.com

Interior Lighting Power Allowance

These are not ambitious values.

Every design is likely to pass

- Building Area Method or
- Space-by-Space method
 - “Common” space types or
 - “Building Specific” space types
- Additional allowance for retail display
- Long list of exceptions



Image: Pixabay

Exterior Lighting Power Allowance Table

- You get the **base** site allowance
 - 500, 600, 750, or 1300 W
- plus **Tradable** surface allowance
 - Parking, walks, stairs, entries, sales areas
- plus **Nontradable** surface allowance
 - Facades, ATMs, gatehouses, emergency loading zones
- Exempt lighting
 - Traffic, signage, theatrical, athletic, temporary, industrial, transportation, storage, theme parks, public monuments, historic landmarks



Image: Wikimedia Commons by famartin

A few things probably *not* in your code:

Controlled Receptacles

- Private offices, open offices, classrooms etc:
- 50% controlled by time clock or occ sensor
- Off-hours override switch for occupants



Renewables



Metering & Sub-Metering

- Meter incoming gas & electric
- Sub-meter lights, HVAC, water heating, plugs
- Graphic display shows energy use over time



C406 Additional Efficiency Options

(not in ASHRAE 90.1) (new construction only)

Buildings Pick 1:

1. HVAC efficiency (+10%)
2. Lighting power (-10%)
3. Digital lighting controls
4. Solar – 0.5 W/sf
5. DOAS
6. Water heating
7. Envelope UxA (-15%)
8. Air leakage 0.25 cfm/sf

Tenant spaces Pick 1:

Either 1, 2, 3, 5 or 6

or

Be located in a building that has 4, 7, or 8

2021 code?:

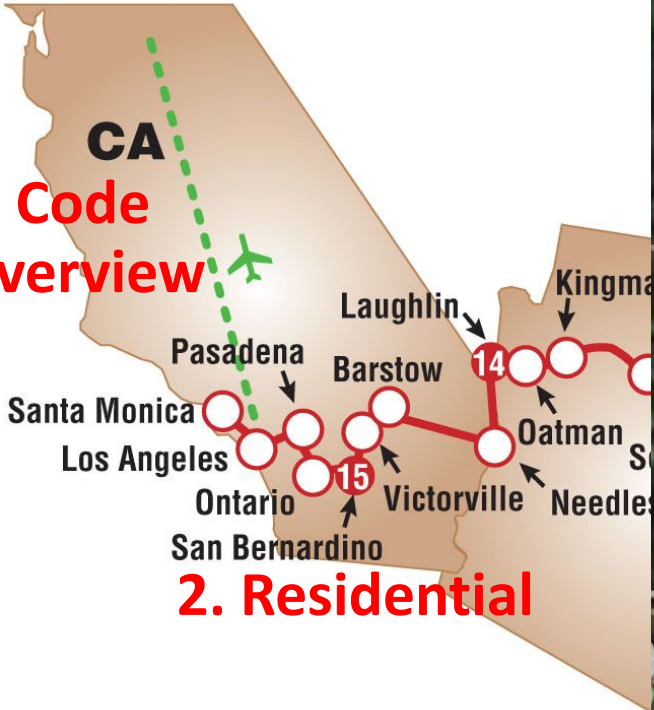
Change to point-based system based on occupancy and climate zone

CHEF'S SPECIAL	
(w. White Rice)	
1. GENERAL TSO'S CHICKEN	9.15
2. SESAME CHICKEN	9.15
WHITE MEAT	1.00 EXTRA
3. SESAME BEEF	9.45
4. BEEF OR CHICKEN W. ORANGE FLAVOR	9.45
5. GENERAL SHRIMP & CHICKEN	10.25
6. HAPPY FAMILY	10.95
7. SEAFOOD COMBINATION	10.95

Image: Zmenu.

Energy Modeling: Opportunity for monkey-business?

1. Code Overview



2. Residential

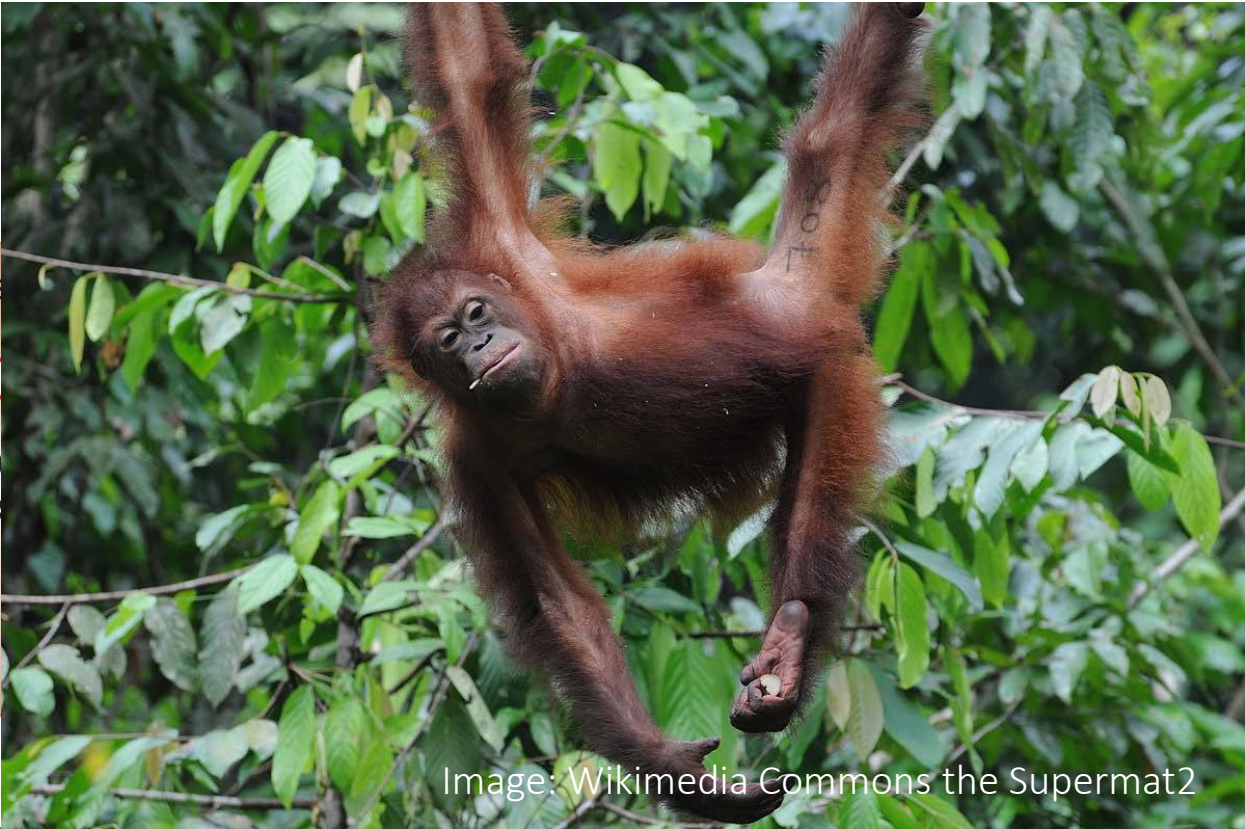
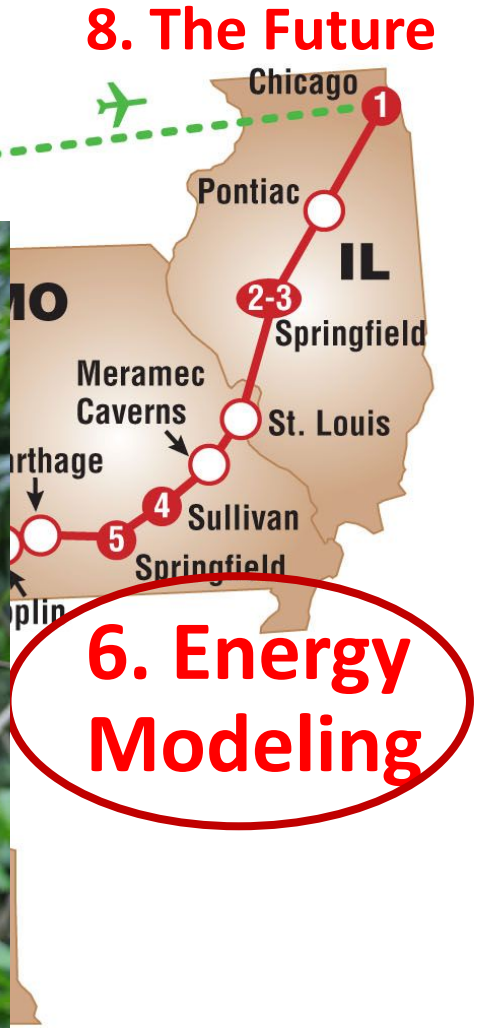


Image: Wikimedia Commons the Supermat2

7. Existing buildings



8. The Future

6. Energy Modeling

Do performance Path buildings = prescriptive path buildings?

Of course! ...except:

1. Rapidly-evolving technology
2. HVAC system type selection
3. Myth of the “code minimum” building
4. Short vs. long measure lives



Image: Jonlin

Rapidly-evolving technology

- Technologies evolve quickly...
 - LED lighting
 - EC motors
 - Data storage
- ...but code requirements stay preserved in amber
- ...& federal preemption rules slow down progress

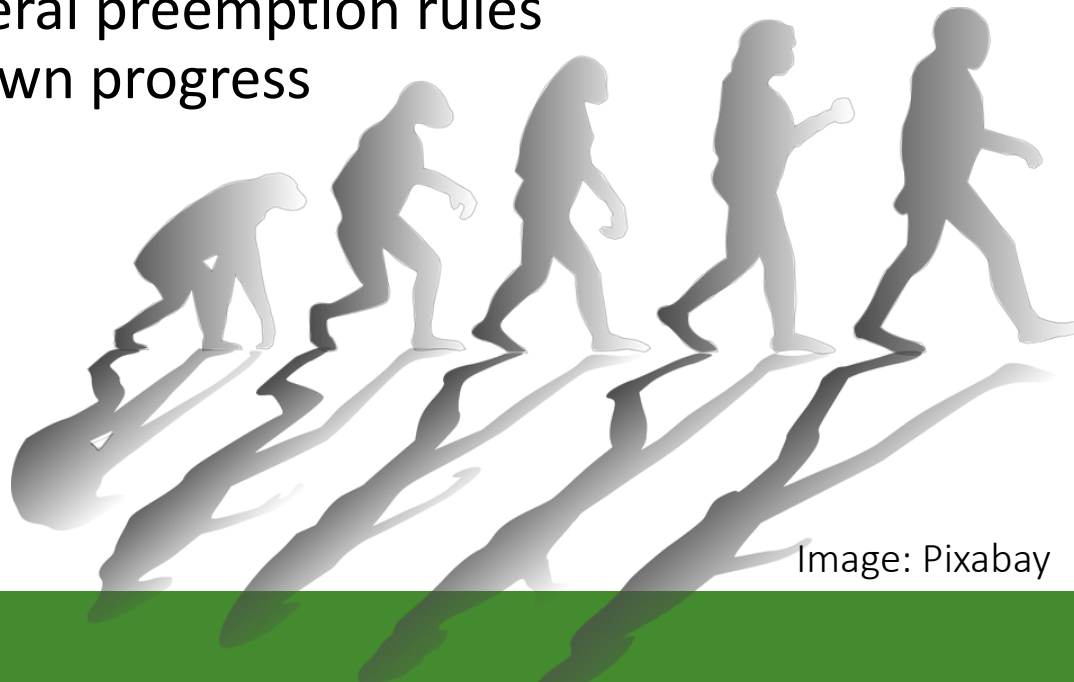


Image: Pixabay

The decade passes:

2009 lighting data collected

2010 ICC proposal deadline

2012 IECC published

2014 states adopt 2012 code

2017 final 2012 code permits

2019 lighting packages bought

10 years later!

(and could be 12 – 15 years)

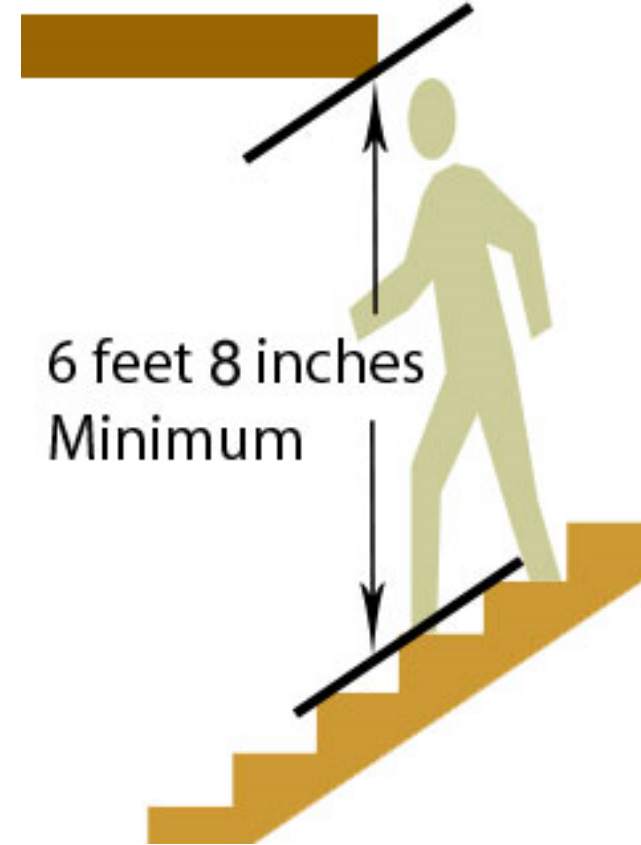
Code *baseline* HVAC system: based on *proposed* system

- No penalty for choosing *lousy* HVAC system type
- No reward for choosing *great* system type
- Baseline adjusts to accommodate *anything*
- (ASHRAE Appendix G mitigates this)



The myth of the “code-minimum” building

- Some building components just meet minimum code
 - Like insulation R-values
- Others are normally *better* than code:
 - Lighting power
 - Fan power
 - Condensing gas boilers
- Systems *we were going to use anyway* are “traded” for a worse envelope



Short vs long life

the envelope is forever

- Envelope deficiencies persist 50 – 100 years
- HVAC upgraded to new code every 20 – 30 years
- Lighting every 15 years



Image: Flickr Tim Green

Energy modeling: “Total Building Performance”

- “Mandatory” vs. “Prescriptive”?
 - Provisions shown as “mandatory” can’t be traded in the energy model
 - Clarifying this in 2021 code
- Proposed design: just like it says
- Standard reference design: Every component is the worst allowable by code
- **Make your SRD as bad as possible!**
 - So that we can have huge windows and no slab insulation
 - After all, we *are* architects!

Modeling Considerations:

- Many software packages – each produces different results
- Often can’t model complex systems
- Nobody can know them all – difficult for code officials
- Drawings often don’t match model
- Most modelers use ASHRAE 90.1 instead of IECC
 - “Energy Cost Budget” method or “Appendix G” method

Energy Metric: Carbon, Site, Cost or Source?

- IECC & ASHRAE 90.1 use Energy Cost
- Portfolio Manager likes Source Energy
- LEED uses Source Energy & Carbon Emissions
- WA is switching from site energy to carbon
- California uses TDV, switching to EDR
 - Time-dependent valuation, energy design ratio

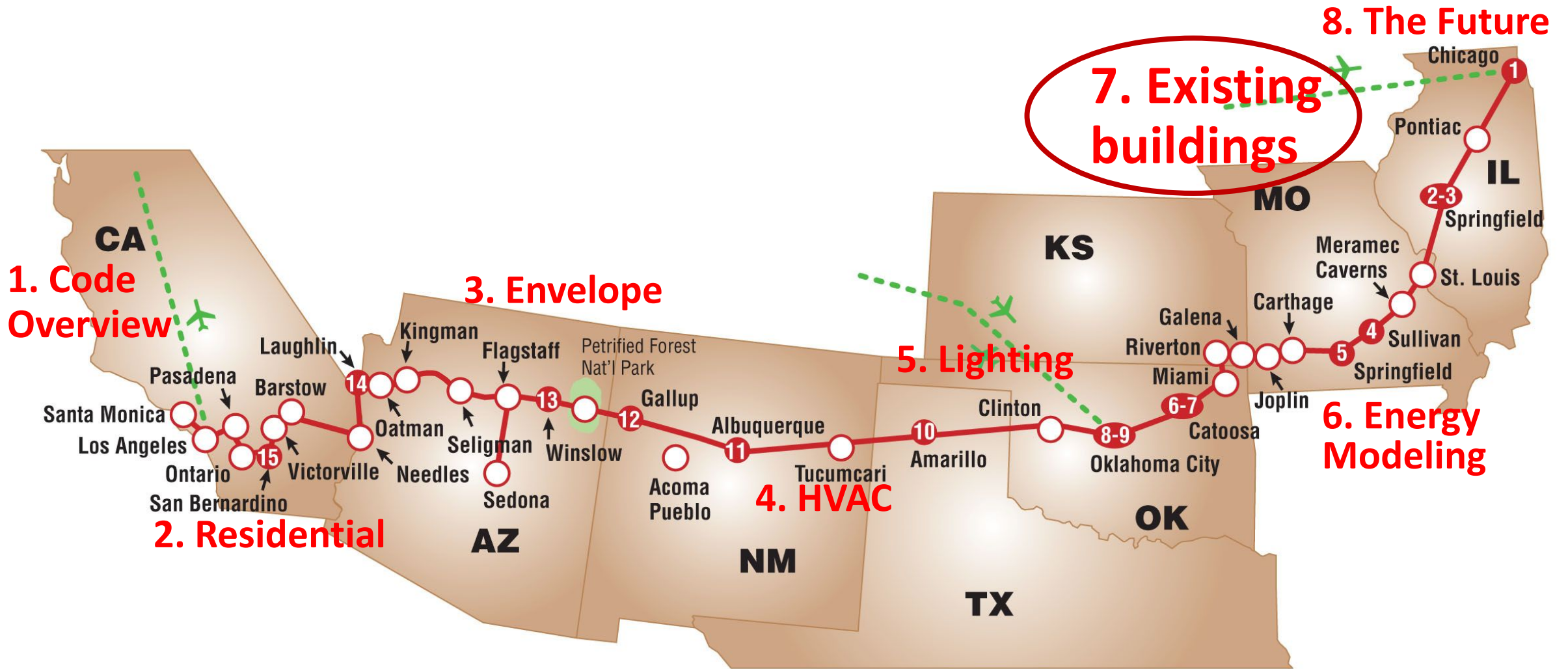


Image: Maxpixel.net



Image: Flickr Jon Sullivan

And what about the other 98% of buildings?



Existing Buildings

- (Almost) anything built to code can stay that way
- (Almost) anything *new* must comply with new code
- “Repairs” can replace like with like
- Historic buildings: Never harm the historically significant fabric of the building



Image: Wikimedia Commons Bobak Ha'eri

Additions

- Either addition alone complies or whole building complies
- Fenestration max area options:
 - Area complies for whole building
 - Area complies for addition alone
 - Or else whole building complies via energy modeling or UxA tradeoff



Image: National Park Service

Alterations

- Change in space conditioning – entire building complies with whole code, except:
 - UxA can be 10% higher
 - Energy model can be 10% higher
- Additional glazing area
 - If total area less than 30%, just follow code
 - If 30 – 40%, OK if 25% (or 50%) of floor area is in daylight zone
 - If over 40%, use energy modeling or component performance
 - If glazing area is unchanged, use that area in std ref design



Change of Occupancy or Use

“...increase in demand for either fossil fuel use or electric energy...”

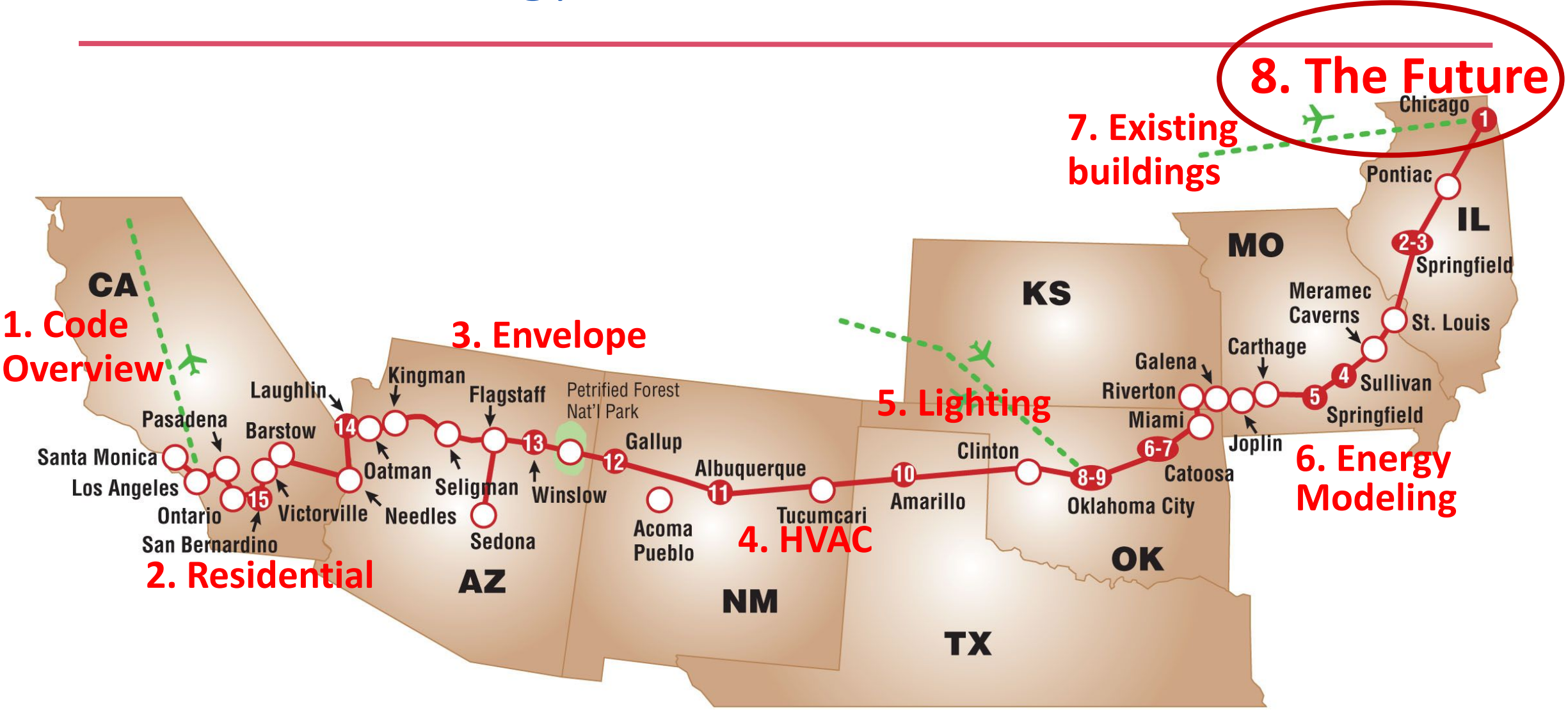
Exceptions:

- Target UxA can be 10% higher than Proposed UxA
- C407 Proposed Design can be 10% higher than it would be otherwise



Image: Wikimedia Commons Junkyardsparklea

Where is the energy code headed next?



8. The Future

1. Code Overview

2. Residential

3. Envelope

4. HVAC

5. Lighting

6. Energy Modeling

7. Existing buildings

Future Trends: We really have no idea

- Code *development* doesn't guarantee code *adoption*
- IECC: Resistance to change
- Especially challenging for residential
 - No official target or policy for efficiency
- Supplemental “above-code code”?
- Move to performance-based code?
 - Maybe a *systems* performance code?
- Required renewables?
 - Net metering not always available
- Does code *drive* new technologies?
 - ...or just *adapt* to them?
- Is “net zero” a reasonable goal? Net zero what?

“Predictions are tough, especially about the future.”
Yogi Berra

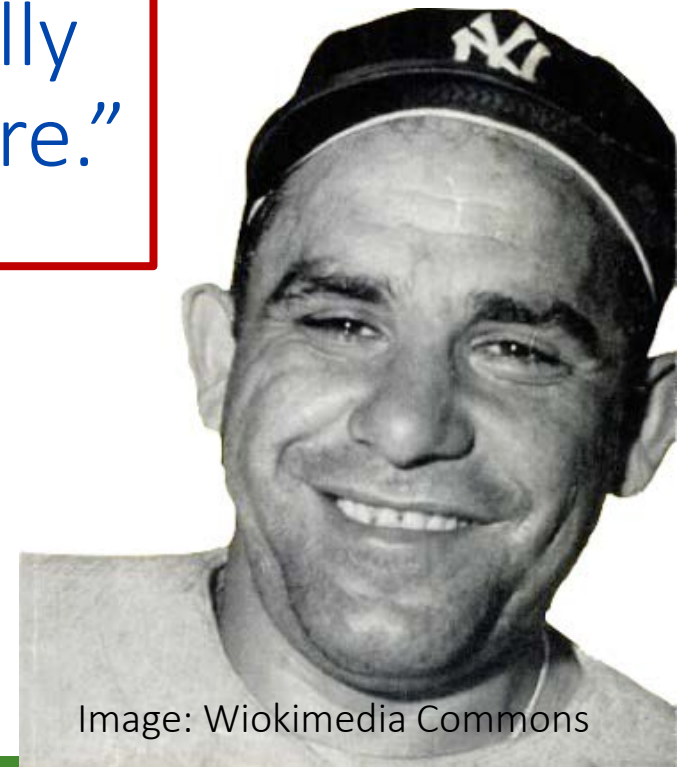
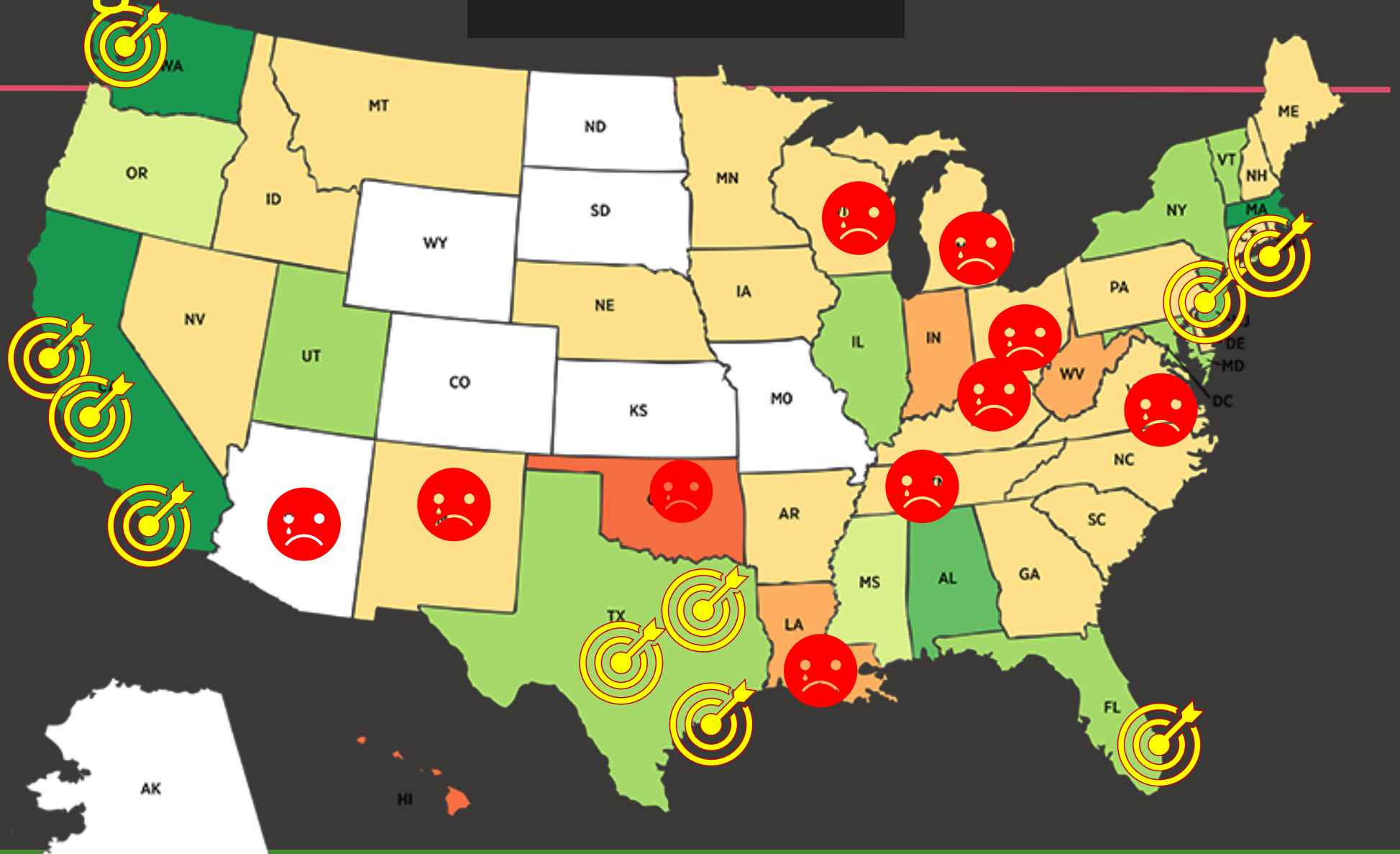


Image: Wikimedia Commons

A widening economic divide?



A public service announcement from
the New Buildings Institute:

22.6

Site EUI



“That which exists, must be possible.”
Mark Frankel, NBI



Energy is not our only value.

Energy policy should not compromise cultural values



- **Health** (sunlight, clean air & water)
- **Comfort** (temperature, humidity)
- **Environment** (local pollution, carbon emissions)
- **Durability** (long-lasting materials and equipment)
- **Quiet** (equipment, traffic)
- **Beauty**

Duane Jonlin, FAIA

duane.jonlin@seattle.gov

206-233-2781



Image: City of Seattle

U.S. DOE: Building Energy Codes Program

- Compliance software
- Technical support
- Code notes
- Publications
- Resource guides
- Training materials

www.energycodes.gov

Row	Component	Assembly	Orientation	Building Area Type	Fenestration Details	Construction Details	Gross Area	Cavity Insulation R-Value	Continuous Insulation R-Value	U-Factor
1	Roof	Insulation Entirely Above Deck		1 - Retail (Nonresidential...			10000 ft ²		30	0.026
2	Ext. Wall	Wood-Framed, 24in. o.c.	North	1 - Retail (Nonresidential...			2600 ft ²	20	10	0.037
3	Window	Vinyl Frame: Fixed			Non-NFRC 22563		220 ft ²			0.31
4	Door	Insulated Metal				Swinging	21 ft ²			0.027

CODE NOTE

U.S. DEPARTMENT OF ENERGY | Energy Efficiency & Renewable Energy
BUILDING TECHNOLOGIES PROGRAM

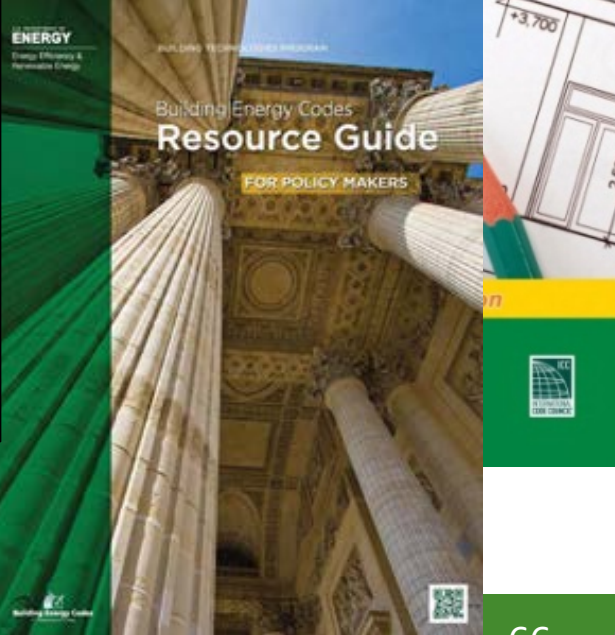
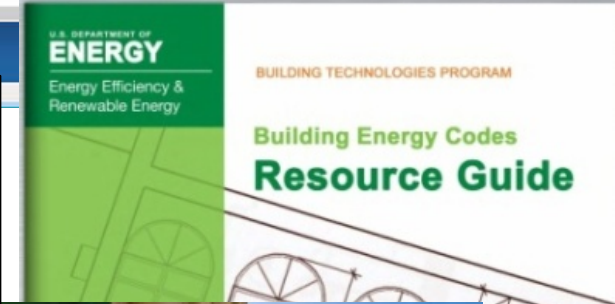
ANSI/ASHRAE/IES Standard 90.1-2010 & 2012 IECC

Insulation Requirements in Commercial Buildings for Mechanical and Service Hot-Water Piping

The intent of the pipe insulation requirements is to reduce temperature changes while fluids are being transported through piping associated with heating, cooling or service hot water (SHW) systems, thereby saving energy and reducing operating costs.

Uninsulated piping systems that transport fluids can create water temperature irregularities, which ultimately requires additional heating or cooling and associated energy costs to bring the water to operating temperature. Any piping that carries heated or cooled water, including piping systems with external heating (e.g., heat trace or impedance heating), should be thermally insulated to reduce heat loss or gain, allowing the fluid to be delivered at the intended temperature.

Any insulated piping in areas exposed to weather is required to be further protected from exposure to sunlight, moisture, and wind—all of which can damage the insulation and reduce its effectiveness.



THANK YOU!



Building Energy Codes Program

www.energycodes.gov

BECP help desk

<https://www.energycodes.gov/HelpDesk>

